

CEAP Community

Challenge:

It starts with you.

DONATE IN MARCH!

**A portion of every dollar and pound
of food you donate will be matched!**

**All items are greatly appreciated, including
but not limited to:**

Flour & Sugar

**Oil (vegetable, olive,
etc)**

Instant Potatoes

Pasta & Rice

Spaghetti Sauce

Macaroni & Cheese

Dried Beans

Masa Harina

Powdered Milk

Peanut Butter & Jelly

Cereal

Baby Food & Formula

Canned Meats

Canned Fruits

Canned Vegetables

Canned Meals

Donate at www.ceap.org/donate



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Sponsored by:
Minnesota FoodShare and
the Greater Minneapolis
Council of Churches

