# TEAM CEAP

# **REFER A FRIEND!**

Later this month, we will be launching an initiative to welcome more neighbors to Team CEAP! From January 16 - February 14 (Valentine's Day!), for each new volunteer who YOU refer to CEAP, you and they will both receive a \$5 Caribou gift card.

Stay tuned for more information. We're so thankful for Team CEAP and are excited to celebrate the season of love by growing our community with you!





# **UPCOMING HOLIDAYS**

CEAP will be closed on the following days in observance of federal holidays and to allow Team CEAP some well-deserved time off!

- Monday, January 15: MLK Day
- Monday, February 19: Presidents Day

# **VOLUNTEER OPPORTUNITIES**

The new year is a great time to try a new volunteer opportunity! Shifts are live for all programs in VolunteerMatters through February 2024.

As many of our regularly-scheduled volunteers head south for the winter, we need additional hands of support to fill our schedule and nourish our neighbors. Can you pick up an extra shift or route this month? Visit <u>www.ceap.org/volunteer</u> to log into VolunteerMatters or contact a CEAP staff member to sign up!

#### Food Market and Turning Leaf:

Katy Briggs katy.briggs@ceap.com (763) 450-3663 Meals on Wheels: Katrina Culler katrina.culler@ceap.com (763) 450-3675

# YOUR IMPACT

So many of you stepped up to share warmth and joy with our neighbors this holiday season! Thanks to you, we provided...



### **VOLUNTEER SPOTLIGHT**

This month's Volunteer Spotlight is Janisha Parker, a dedicated Turning Leaf Thrift Store volunteer!

Nisha is truly a remarkable individual with a compassionate and joyous spirit. She brightens the day of so many neighbors and we here at CEAP are thrilled to have Nisha as a volunteer. Thanks for all you do!



# **INSIDE BRIAN'S BRAIN**





You all know that here at CEAP, we're very strategic about best use of resources. The holiday season is over but we will continue to have special projects and programs that we need to set aside particular items for. I will share special reminders like these at our check-ins at the beginning of each Food Market shift. Thank you for your agility and enthusiasm in shifting gears when needed to best nourish our neighbors!





# 2024 CEAP Calendar

Please refer to this calendar for days that CEAP will be closed in observance of holidays.

Date	Holiday
January 1	New Year's Day
January 15	Martin Luther King, Jr. Day
February 19	Presidents Day
May 27	Memorial Day
July 4-5	Fourth of July
September 2	Labor Day
October 14	Indigenous Peoples' Day
November 11	Veterans Day
November 28-29	Thanksgiving
December 23-25	Christmas