

# TEAM CEAP VOLUNTEER VOICE



## FALL IS HERE!

Thank you to Team CEAP for your flexibility and enthusiasm in jumping in to fill volunteer shifts this summer. Because of your commitment and positive attitudes, CEAP staff and your fellow volunteers were able to take summer vacations with the confidence that our neighbors were in your capable and caring hands. We are so thankful to have such a dedicated and talented volunteer team - Team CEAP is the best!



## UPCOMING HOLIDAYS

CEAP will be closed on the following days in observance of federal holidays and to allow Team CEAP some well-deserved time off!

- Monday, November 11: Veterans Day
- Thursday, November 28 and Friday, November 29: Thanksgiving
- Monday, December 23-Wednesday, December 25: Christmas
- Tuesday, December 31 and Wednesday, January 1: New Year's

## GIVE TO THE MAX DAY!

Give to the Max Day, Minnesota's giving holiday, is on November 21 with early giving beginning November 1! CEAP is asking our community to support "CEAP On the Move", our programs that extend into the community to share nutritious food and community connections where they're needed most: Meals on Wheels hot meal delivery, Mobile Market events at accessible host sites, and CEAP At Your Step grocery delivery for seniors.

Our goal is to raise \$75,000!



*CEAP At Your Step grocery order*

### Here's how you can Give to the Max:

#### 1. Make a donation!

CEAP has a special giving page set up at [givemn.org/CEAP24](http://givemn.org/CEAP24) to raise funds and track progress towards our goal.

\$35 provides 1 week  
of groceries for a  
senior neighbor

*through CEAP At Your Step*

\$70 provides 1 week  
of groceries for a  
family

*through Mobile Market*

\$100 sponsors 1  
route of warm food &  
friendship

*through Meals on Wheels*

#### 2. Bid in our online silent auction!

CEAP is hosting an online silent auction with items like a top-notch photo shoot, Target Center tickets, free pizzas, and certificates to local businesses! Visit [givebutter.com/CEAPauction24](http://givebutter.com/CEAPauction24) to place your bid. Closes at 5pm on Friday, November 15!

#### 3. Join us at Mad Jack's Sports Cafe!

Join CEAP at Mad Jack's Sports Cafe just up the road on Give to the Max Day - Thursday, November 21 - from 5pm-7pm. We'll enjoy great food and drinks and celebrate the abundance of our community. Mad Jack's will donate a portion of proceeds to CEAP!

#### 4. Spread the word!

Help CEAP meet our goal and fund these critical programs by inviting friends, family, and neighbors to donate, bid, and attend our celebration event!

## MEALS ON WHEELS UPDATES

Blizzard bags with pantry staples like canned veggies and pasta will be delivered to Meals on Wheels participants in early December. These bags are designed to provide wholesome, healthy food in the event of a winter emergency that prevents us from delivering meals.



## INSIDE BRIAN'S BRAIN

### **We need you to sign up for your shifts in VolunteerMatters!**

All volunteers MUST be signed up in VolunteerMatters in order to work a shift. If you did not sign up for a shift in advance, we ask that you sign in to register yourself or return for a different, scheduled shift in the future.

If you don't have access to a device to schedule yourself, CEAP has 2 kiosks that are available just to Team CEAP! You're welcome to use these kiosks, located in the hygiene supply office and the hallway to the community room, to sign up for your next shift while you're at CEAP.

### **Why do we need you to sign yourself up? A couple of reasons!**

1. Safety! In case of an emergency, we must know who is in our space at a given time.
2. Signing up in advance helps CEAP staff prepare for the day to keep the experience streamlined for Team CEAP and for our community.
3. Assigning every volunteer ourselves is very time-consuming. We need to stay focused on our volunteers and neighbors who are here at CEAP!

If you have questions or need assistance learning to sign up, please touch base with:

- Peder - Food Market volunteers
- Alyssa - Meals on Wheels volunteers
- Maggie - Turning Leaf Thrift Store volunteers

**Thank you for being on Team CEAP and for adapting along with CEAP to meet the needs of our community!**

## YOUR IMPACT

Thank you for your support and engagement during our Meals on Wheels Month! Let's celebrate our Meals on Wheels volunteers and what they made possible for our senior neighbors from July-September this year:



**14,118**  
meals served to homebound neighbors  
through

**2,162.5**  
hours volunteered

***Thank you!***

## VOLUNTEER SPOTLIGHT

This month we're doing things a little differently and featuring a dynamic duo - Margaret O'Rourke and Tom Wilson!

Margaret and Tom both volunteer each week in CEAP's Food Market AND with CEAP Meals on Wheels (and for seasonal programs and events like our Spaghetti Feed!)

These two go above and beyond to lend an extra hand of support when we need it - from driving a last-minute Meals on Wheels route after their Food Market shift to donating a new Keurig for the volunteer breakroom together, they're always thinking about Team CEAP. They're social butterflies who have positive attitudes and take challenges in stride. Thank you!

