

CEAP Programs

Winter 2023



Need to Know Numbers

SNAP

- 1-800-657-3698
- mnbenefits.mn.gov

WIC

- 1-800-657-3942
- <https://www.health.state.mn.us/people/wic/>

Energy Assistance

- Community Action Partnership of Hennepin County
 - 952-930-3541
- <https://caphennepin.org/>



Safe @ Home Brooklyn's

Need housing advice? Meet with a Housing Resource Navigator at CEAP!

Available by walk-in and appointment.

Hours: 8:00am-4:00pm Monday - Friday

Call 763-566-9600 or email housing2@ceap.com

7051 Brooklyn Boulevard Brooklyn Center, MN 55429

Stay Connected



Visit CEAP's calendar on our website to find most up-to-date event listings!

Follow CEAP's social media accounts for reminders and other updates!



@ceap.mn



@ceap_mn

Winter Health Programs

January

Cervical Health Month

- Facts and prevention tips included in curbside pick-ups
- Information will also be on our social media accounts throughout the month.

February

Children's Dental Health Month

- Children's dental kits available at curbside pick-ups

American Heart Month

- Heart Healthy tips and tricks throughout the month on social media and curbside.
- Raffle to win a wrist blood pressure monitor! Scan this QR code to enter!



March

Nutrition Month

- Upcoming sign-ups in March for the next round of Cooking Matters Courses, a FREE 6-week cooking course taught at CEAP with the UMN Extension!
- Stay connected to our social media accounts to learn about nutrition throughout the month of March.
- Submit your household's favorite healthy recipe to be included in CEAP's Community Cook Book! Email submissions to kelly.leddy@ceap.com.

Upcoming Events at CEAP

VITA Tax Assistance Program

FREE tax advising clinics held at CEAP in partnership with Community Action Partnership of Hennepin County's VITA Tax Program.



Tuesday February 28th and March 14th, 9:00am-4:00pm.

Appointment required, sign up information coming soon.

Community Program Spotlight



Tree Trust's Pre-Apprenticeship Program Feb 26th- May 5th.

Branches is a 10-week, PAID job training program for individuals interested in tree care and landscaping construction careers.

Eligibility requirements:

- Must have a high school diploma or GED
- Must live in Hennepin County
- Must be between the ages of 18 and 28 years old.

How to enroll?

- Contact Tree Trust's Employment Success Coach, Joan Frentz, by February 20th to enroll. Phone: (612)297-1911