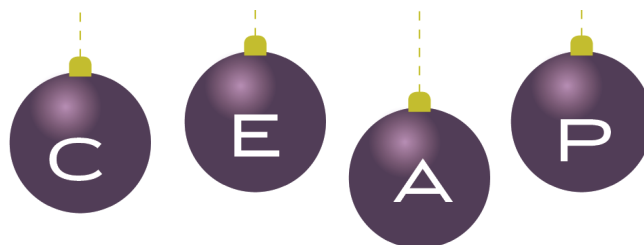


Welcome to CEAP Essentials: the Holiday Edition



Celebrating Gratitude and Joy

This holiday season will be unlike any other in our community because of the COVID-19 pandemic. During a time when we usually treasure coming together and spending time with family, we are being asked to stay at a distance from those not in our households.

CEAP is committed to both protecting the health of our community AND sharing holiday joy and generosity. We believe that it's possible to do both this holiday season-- will you join us?

Holidays at CEAP will look different this year, but our dedication to our neighbors is unwavering. We know that all of our neighbors should have access to nutritious food, special holiday meals, and everything that makes the holidays a special time of year.

We need your help to make it happen!



How can I get involved?

We've come up with several ways you can support your neighbors through CEAP this holiday season! Whether you're one person, a family, a church group, or a workplace, we think you'll find something to get excited about here.

IN-PERSON

- Gift card drive
- Holiday meals food drive
- Holiday baking food drive
- Volunteer

DIGITAL

- Shop our Amazon Wish List
- Host an online fundraiser
- Make a donation

Questions about how to get involved or where to start? Contact Jack Elsnos, our Community Engagement Manager, at jack.elsnos@ceap.com or 763-450-3664.

Host a gift card drive

We typically provide a toy shopping experience for parents during the holidays, but we can't do that safely this year. Instead, we're asking our community to provide gift cards to CEAP so that parents can purchase gifts on their own!



All gift cards are welcome, but here is what we prefer:

- Amounts between \$10 and \$50
- Target, Walmart, or Amazon

These stores offer safe and easy ways for families to shop online and pick up curbside, or have items shipped to their home. They also offer items for the whole family.

[Register your gift card drive with CEAP here.](#)

Idea in Action:

- Make "bingo" cards for your teams and see who can get a blackout (buy all the gift cards on the card) first!
- Set a goal to reach a certain number of gift cards or a specific dollar amount of gift cards
- Decorate a tree or plant in the office with your gift cards- like ornaments!

Host a Holiday Meals Food Drive

If you, your family, or your group prefer to give in-kind, we could use your help collecting holiday-specific food for CEAP's participants! We will accept all donations of shelf-stable food, but we have a list of some specific items that will perfectly round out our CEAP Essentials grocery orders for participants. [PDFs of the below flyer are available here.](#)

[To register your food drive with CEAP, click here.](#)



A Holiday Meals Food Drive for CEAP

CEAP is providing over 3,000 families with nutritious groceries and special ingredients for favorite holiday recipes this season! They need our help to make it possible.

Let's bring holiday cheer to our community, and make sure everyone can enjoy nourishing meals throughout the holiday season!

Most needed shelf-stable items:

- Stuffing mix
- Pie filling
- Pie crust mix
- Canned green beans
- Canned corn/creamed corn
- Canned cranberries
- Cornbread mix
- Flour
- Creamed soups
- Marshmallows
- Jell-O
- Broth/stock
- Biscuit mix
- Gravy

Together, we can make sure all our neighbors feel safe, nourished, and cared for this holiday season!

Host a Holiday Baking Food Drive

What's more fun during the holidays than an evening of baking treats with your family? You can make this memorable experience possible for families in your community with a Holiday Baking Food Drive! [PDFs of the flyer below are available here.](#)

[To register your food drive with CEAP, click here.](#)



CEAP

A Holiday Baking Food Drive for CEAP

CEAP is providing over 3,000 families with nutritious groceries and special ingredients for favorite holiday recipes and experiences this season, including baking delicious treats at home! They need our help to make it possible.

Let's bring holiday cheer to our community, and make sure every family can enjoy an evening of baking together this year!

Most needed shelf-stable items:

- Flour
- Sugar (White and brown)
- Vegetable Oil
- Baking Soda
- Pie filling
- Chocolate chips
- Cookie/cake mixes
- Frosting
- Baking decorations
- Yeast
- Spices
- Vanilla Extract

Together, we can make sure all our neighbors feel safe, nourished, and cared for this holiday season!

Volunteer at CEAP



During COVID-19, CEAP has worked tirelessly to make sure we have an environment that keeps volunteers safe and healthy. We are now prepared to welcome small groups of up to 8 people to CEAP for group volunteering.

Volunteer opportunities may include:

- **Assembling baby and toddler care packages**
- **Sorting food donations**
- **Assembling personal care kits**
- **Making holiday baking kits for families**
- **And more!**

We are looking for groups who can commit to 3-4 hours of volunteering, and you can either volunteer once or on a recurring schedule. Contact us at jack.elsnes@ceap.com.

Purchase items from CEAP's Amazon Wish List

If you're quarantined or your team is working remotely but still wants to give something tangible this holiday season, you can purchase items from our Amazon Wish List! They'll be shipped directly to CEAP to help us meet our community's needs this holiday season.

Items we need include gift cards and specific holiday food items. [Find the whole list here.](#)







CEAP's Holiday Food Drive

for [Community Emergency Assistance Programs, Inc.](#) ✓

[Explore more Charity Lists](#)   

Celebrate gratitude and joy with our community this holiday season! Items from this list will be included in 3,000 special holiday ingredient packages for our neighbors. We're calling it CEAP Essentials: the Holiday Edition! Contact our Community Engagement Manager, Jack Elnes at jack.elines@ceap.com or 763-450-3664 with any questions or to have a custom list created for your team!

			
\$12.98	\$22.70	\$23.64	
0 purchased 1 needed	0 purchased 1 needed	0 purchased 1 needed	0 purchased 1 needed
See all buying options	<input type="text" value="1"/> Add to Cart	<input type="text" value="1"/> Add to Cart	<input type="text" value="1"/> Add to Cart

Idea in Action:

- We can make you a custom list to purchase from that will add up to your team's fundraising goal OR include specific kinds of items (email paige.myers@ceap.com to get a custom wish list for your team)

P.S.-- when you make your Amazon purchase, don't forget to do it at smile.amazon.com and make sure CEAP is your charity of choice! We'll receive .05% of your purchase, and it won't cost you a thing!

Host an online fundraiser

We're all figuring out new and improved ways to connect with our friends and family or our coworkers without being together in person. Hosting an online fundraiser for CEAP is a way to come together (virtually) about a cause you all care about!



The screenshot shows a fundraiser page on GiveMN.org. At the top is the GiveMN.org logo with the tagline "Ignite Generosity • Grow Giving". The main heading is "Our Holiday Food Drive". Below this, it says "A nonprofit fundraiser supporting Community Emergency Assistance Program, Inc." with a small logo. The central graphic features four purple Christmas ornaments with the letters C, E, A, and P on them, with the text "CEAP Essentials: the Holiday Edition!" above and "Celebrating Gratitude and Joy" below. To the right, there's a progress bar showing "\$0 RAISED BY 0 PEOPLE" and a "\$500 GOAL". A calendar icon indicates "2 MONTHS LEFT". A large purple "DONATE" button is at the bottom, with social media icons for Facebook, Twitter, Email, and a code icon.

Email Jack at jack.elsnes@ceap.com if you need help setting up your online fundraiser!

Idea in Action:

- We can set up your fundraising page so that multiple groups or teams can "compete" against each other to raise the most money!
- Set team rewards at various goals (everyone gets an ice cream sundae once we reach \$500!)

Make a Donation

We saved this classic option for last; if none of these options work for you, know that making a donation of any amount to CEAP's work is just as important. It takes all of us to grow a stronger community!



Every \$50 donated provides essential groceries AND the ingredients to make beloved holiday recipes.

Donate today at www.ceap.org/donate