

*Fill a grocery bag for a hungry family.*



**Non-Perishable Food:**

Boxed & Canned Main Dishes  
Canned Meat & Tuna  
Canned Fruit/Vegetables  
Canned Pasta Meals  
Instant Potatoes  
Pasta/Rice  
Spaghetti Sauce  
Macaroni & Cheese  
Dried Beans -  
    Pinto/Black/Kidney  
Soup/Stew/Chili  
Corn Flour/Masa Harina  
Fruit Juice  
Powdered Milk  
Peanut butter/Jelly  
Pancake Mix/Syrup  
Cereal  
Crackers  
Dessert Mix/Frosting  
Fish Sauce  
Sugar/Flour

**Baby Items:**

Baby Formula  
Baby Cereal/Jar Food  
Diapers/Wipes  
Baby Shampoo  
Baby Powder  
Baby Oil

**Other Items:**

Toilet Paper/Tissues  
Laundry/Dish/Bar Soap  
Toothpaste & Toothbrushes  
Shampoo/Conditioner  
Deodorant  
Other Hygiene Products  
Household Cleaning Products



**CEAP**

**COMMUNITY EMERGENCY ASSISTANCE PROGRAM**

6840 78th Avenue N, Brooklyn Park, MN 55445 763-566-9600  
1201 89th Avenue NE, Ste 130, Blaine, MN 55434 763-783-4930  
10190 Lancaster Ln, Maple Grove, MN 55369 763-566-9600